

2100 Lerona Avenue Rowland Heights, CA 91748-3945 **ECR WSS** Postal Customer

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City of Industry, CA Permit No. 4008







2100 Lerona Avenue • Rowland Heights, California 91748

RECREATION DEPARTMENT GENERAL INFORMATION

Refund Policy: Please plan carefully as there will be NO REFUNDS unless the class is canceled by the Recreation Department. If class is canceled, an automatic refund will be processed with no service charge and mailed to you.

Make up Classes: There are NO Makeup classes if you miss a class. If a class is canceled due to weather or the instructor out ill, the Recreation Department will do its best to make the class up. The Makeup class will be made up at the end of the current session. If there are not enough extra weeks to have the makeup on its scheduled day, it will be scheduled on a different day of the week. If a makeup day is offered and you cannot attend there will be no refund or letter of credit.

Class Changes: No class changes will be made once a student is registered.

Parent Responsibility: Parent MUST be sure instructor is on site before leaving child and MUST be on hand PROMPTLY at the close of class to pick up child as instructor cannot be required to remain beyond class hours or be responsible for a child's safety outside the specified class time. A CASH CHARGE WILL BE ASSESSED FOR EARLY DROP-OFF & LATE PICK-UP. \$10 for the first 15 minutes, \$20 for 30 minutes and \$30

Parents Do Not Wait In Classroom Unless Noted In The Brochure.

Ages and Ability Level: Ages for proper class placement are noted. Please register for correct age level. PROOF OF AGE MAY BE REQUIRED.

Final decision of any changes will be made by the Recreation Department and/or

Clothing: Participants in physical activity classes should wear proper shoes and clothing. Children in dance classes need proper footwear. Instructors discuss apparel requirement

Please Note: This brochure is printed weeks in advance of program beginning and changes in the schedule may occur. We reserve the right to make changes as necessary. Thank you for your understanding and cooperation.

The Rowland Unified School District does not discriminate on the basis of race, color, national origin, ethnic group identification, ancestry, religion, age, marital status, gender, sex, sexual orientation, physical mental disability, medical condition, and political belief or affiliation in admission or access to, or treatment of employment in, handicap, in its programs and activities including adult and vocational education.

Telephone: (626) 965-5975, ext. 1569 or 1567 MAIL TO: ROWLAND ADULT & COMMUNITY EDUCATION MAIL-IN REGISTRATION FORM 2100 Lerona Ave, Rowland Heights, CA 91748 A \$5.00 non-refundable fee will be assessed on every registration MAKE CHECKS PAYABLE TO: Rowland Unified School District (RUSD) Birthdate: _____ Age: ___ Class Location: ____ Class#: Day: Time: Fee: Birthdate: _____ Age: ____ Class Location: _____ NON-REFUNDABLE FEE: \$5.00 ______ City:______ Zip: ______ _____ (WK.) Mom / Dad: ______ (CELL): _____ Telephone: (HM.) ____ Method of Payment: ☐ Cash ☐ Check ☐ Charge My: Visa/Mastercard/AmEx Account#____ CVC# on C.C. _____ Exp. Date: ____ Signature: _ A FULL REFUND WILL ONLY BE MADE WHEN A CLASS IS CANCELED BY THE RECREATION DEPARTMENT. Remember to READ ... SIGN ... and DATE the waiver below. I voluntarily agree to participate or have my children participate in this program, including special events, excursions and recitals. I realize that every precaution is taken to eliminate any injuries or hazards and that a competent supervisor is present. However, in the event of any injury to myself or my child, I hereby waive, release and hold harmless from any liability for damages or claims for which may arise in connection with the above-named activities, against the Supervisor, Department of Recreation Personnel and the Rowland Unified School District. PRINT NAME of PARENT / GUARDIAN / ADULT REGISTRANT: SIGNATURE: ____ EMERGENCY PHONE NO.: __ Parents Initials:



recreation.rowland.k12.ca.us

(626) 965-5975 EXT. 1567 (626) 854-1191 FAX

RECREATION OFFICE HOURS

Monday-Thursday: 1:00pm - 5:00pm Friday: 12:30pm - 4:30pm

Coordinator-Colleen Bridgewater Office Assistant-Carina Verzosa

INSPIRING



REGISTRATION / CLASS INFORMATION *** ALL STUDENTS MUST BE REGISTERED AT THE RECREATION OFFICE BEFORE GOING TO ANY CLASS.

*** ONLY PARENT OR LEGAL GUARDIAN MAY REGISTER STUDENTS

Please note beginning date/time of your class which is listed on your receipt. All session fees must be paid at the time of registration regardless of attendance.

A \$5.00 NON-REFUNDABLE FEE WILL BE ASSESSED ON EVERY REGISTRATION.

Rowland Adult & Community Education Recreation Department reserves the right to cancel (without notice) any program due lack of enrollment, in which case a refund will be issued.

There will be NO makeup classes if you miss a class. Rowland Adult & Community Education-Recreation Office reserves the right to make changes of day, time, location or staff. There will be NO IN-CLASS REGISTRATION. All registrations are to be processed at the RACE Office, Mail or FAX

REGISTRATION PROCEDURES

BOARD OF EDUCATION

Judy Nieh, President

Cary C. Chen, Vice President

Robert F. Hidalgo, Clerk

Heidi L. Gallegos, Member

Gilbert G Garcia Ph.D., Member

MISSION

progressive international community united in learning, is

to empower students so that each actualizes his or her

unique potential and responsibly contributes to a global

society, through a system distinguished by rigorous

academics, innovative use of technology, creative

exploration, and nurturing learning experiences.

VISION

"The Rowland Unified School District promotes,

expects, and accepts nothing short of excellence.

We have collective commitment to be the best school

district in California."

CORE VALUES

Integrity • Respect • Safety

Student-Centered Focus • Excellence

Responsibility with Accountability

ion of the Rowland Unified School District, the

Rowland Adult & Community Office, 2100 Lerona Avenue, Rowland Heights Register during Recreation office hours.

Fees can be paid in cash, check, Visa, Mastercard or American Express

ALLOW ONE WEEK FOR DELIVERY BY MAIL

Use the Recreation Registration Form located on the back page of this flyer. Make check payable to: RUSD (Rowland Unified School District)

A \$25 service charge is applied to all returned checks, sorry, no exceptions.

Mail registration form & check to: Rowland Adult & Community Education, 2100 Lerona Avenue, Rowland Heights, CA 91748

FAX Registration (626) 854-1191

Register by FAX - 1:00pm-5:00pm-- Once Registration Begins.

You must use your Visa, Mastercard or American Express credit card to pay registration fees.

Parent must completely fill out registration form located on the back of the brochure (PLEASE PRINT CLEARLY) and sign for the Credit Card Approval, Liability Clause and initial Refund Policy.

FAX to the Recreation Office (626) 854-1191.

Please call the office (626) 965-5975 ext. 1567 or 1569, Recreation, to confirm that we have received your FAX and the class you registered for is still available.

Please plan carefully as there will be NO CLASS REFUNDS or TRANSFER.

THE ARTS

ART DRAWING & PAINTING FOR CHILDREN - 8 Weeks Longer Session! Students learn how to create a specific type of artwork using different techniques and materials. Classes include a brief lesson, and an introduction to the subject and medium.

All skill levels are welcome: individual attention given to each student.

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hursday (riasses			
2501	Art/Drawing	Ages 4-7	Thursday	3:15-4:15pm
2501	Art/Drawing	Ages 4-6	Thursday	3:15-4:15pm
2601	Art/Drawing	Ages 5-10	Thursday	4:15-5:15pm
2701	Art/Drawing	Ages 8-12	Thursday	5:15-6:15pm
egins: Thurs. Sept. 26, 2013		Instr: Cyndy Hyun		•
ee: \$69		Loc: RACE Room 106		

Material Fee: \$10 due at first class meeting

Saturday Art Class Art/Drawing 11:00am-12:00pm Begins: Sat. Sept. 21

Instr: Cyndy Hyun Fee: \$69 it F Fullerton Material Fee: \$10 due at first class meeting Loc: Art with Cyndy-1309 W. Valencia Dr. Unit F Fullerton

All Piano, Guitar, Drums & Voice classes are taught at:

The Rowland Heights School of Music & Arts Location: 19271 E. Colima Rd., Suite H. Rowland Heights Director/Piano Instructor: Yolanda J. Fresnoza, Ed. D.

A comprehensive beginning & continuing Piano course that can be applied to any keyboard. The fundamentals of music are taught in this fun class. There must be a minimum of 5 Students per class or classes will be combined

Beg./Cont. Beg./Cont. 21400 Ages 5-8 6:00-7:00pm Wednesday Begins: Tues. Sept. 17, Wed. Sept. 18 and Thurs. Sept. 19 Fee: \$120 \$25 for instruction book & instrument maintenance fee to be paid in cash, to the instructor, at the first

class meeting. **Tou will need your can purchase at: Radio Shack, or Target.

DRUMS, DRUMS, DRUMS - 8 Weeks class meeting. **You will need your own personal set of headphones with large prong adapter. You

The moment you're born, you have that built in rhythm inside you. Students will enjoy this fun class while learning basic techniques of drumming, proper grip position, hand/wrist development, hand/foot coordination & more! There must be a minimum of 5 Students per class or classes will be combined. Ages 6-9 23001

Beginning Beg./Cont. Wednesday 23110 Ages 10-16 Wednesday Begins: Wed. Sept. 16, 2013 Instr: Alfonso Smith Fee: \$110 \$20 for instruction book & maintenance fee to be paid in cash, to instructor, at the first class meeting

Students must bring drumsticks and a drum pad.

Have fun learning the basic fundamentals of percussion patterns found throughout the Caribbean, Central America as well as Africa. The class will give students a full understanding of percussion playing with emphasis on congas, timbales, bongos and other hand percussions. 23111 Beginning Beginning Ages 6-9 Ages 10-14 23112 Monday 4:30-5:30pm

Ages 15-Adults Monday 6:00-7:00pm Begins: Mon. Sept. 16, 2013 Fee: \$110 Instr: Alfonso Smith Loc: Rowland Heights School of Music & Arts

Materials Needed- Notebook, pencil, & 2 drum sticks. \$20 materials fee to be paid, in cash, to the instructor at the first class

Students will learn to read music, play chords, rhythm skills & proper technique of playing the guitar while enjoying this fun class. There must be a minimum of 5 Students per class or classes will be combined. Friday Classes

24001 Friday Friday Beg. & Cont. Beginning 24110 Ages 5-13 6:30-7:30pm 24220 Ages 14+

Begins: Fri. Sept. 20, 2013 Instr: Ed Jimenez
Fee: \$110 Loc: Rowland Heights School of Music Arts
\$7 materials fee to be paid, in cash, to the instructor at the first class.

Students must bring a guitar (acoustic or electric).

COMPUTER CLASSES FOR CHILDREN

NEW NEW NEW! MATH & LOGIC PR

The Math & Logic Program was established in 1989, it has more than one hundred thousand students all over the world. Math and the program designed for Kindergarten - 6th grade students. The class will help them advance academically, gain self-confidence and develop to each students potential. Students will learn problem solving and independent logical thinking skills. We utilize the PSL SYSTEM (Personalized System of Learning) for each student and materials will be uniquely arranged for each student according

STAGE I (KINDER-1ST GRADE)

At this stage, students are initially exposed to the basic areas of Logic and Math; numbers, quantities, shapes ,space, addition, subtraction, observation and patterns, hand-eye coordination and much more. There must be a minimum requirement of 5 students per class.

STAGE II (2ND-4TH GRADE)

At this stage, students are given ample opportunities to exercise and apply their abilities of observation reasoning, and creativity to the finding of quick and smart solutions of various math problems Age 6-8 Wednesday

Begins: Wed. Sept. 18 Instr: Amy Lee Loc: Leaders Learning Center19271 Colima, unit D Material Fee: \$10 due at the first class meeting

Do you want to sharpen your computer skills for the next level of learning and learn to type fast? This class will challenge you and teach you useful tools to get ahead in school. Students will get hands on practice in Microsoft Word and Power Point. **Minimum of 6 Students. No Class Nov. 30**

Session I Sept. 14-Oct. 26, 2013 14001 9:00-10:00am Nov. 2-Dec. 21, 2013 Session II Ages 8-15 9:00-10:00am Instr: AGI Instructors Fee: \$119 per session Loc: AGI Academy 20816 Carrey Walnut \$10 material fee due at first class meeting

This course will help familiarize students with basic Spanish grammar, vocabulary and conversation. Students will also learn about various Spanish-speaking countries and cultures. Handout provided to students with vocabulary words and basic phrases based upon a given topic as well as grammar and conversation activity. Minimum of 6 Students. No Class Nov. 30 Session I Sept. 14- Oct. 26, 2013

Ages 8-15 Nov. 2 – Dec. 21, 2013 Session II Ages 8-15 1:00pm-2:00pm Fee: \$119 per session Instructor: AGI Instructor Loc: AGI Academy 20816 Carrey Walnut \$10 material fee due at first class meeting

COMPUTER CLASSES FOR CHILDREN CONT

Have you ever held a print advertisement in your hands and were attracted to its information? With this course, students will be able to combine creativity along with their artisanship to make full professional brochures. Students will be receiving hands on challenges and creating their own outlook on a designated product by using freestyle PhotoShop skill, such as designing a magazine cover and scrap booking digitally on the computer. Minimum of 6 Students. No Class Nov. 30

Session I Sept. 14 - Oct. 26, 2013 9:00am-11:00am Ages 10-15 Oct. 2 - Dec. 21, 2013 Session II Ages 10-15 91002 9:00am-11:00am Instr: AGI Instructors Fee: \$119 per session Loc: AGI Academy 20816 Carrey Walnut \$10 material fee due at first class meeting.

This class enables students to gain confidence speaking publicly and strengthen their interpersonal, problem-solving and communication skills. Debate preparation process requires students to research a given topic, to create a persuasive argument and to prepare intelligent responses.

Minimum of 6 Students. No Class Nov. 30 Session I Sept. 14 - Oct. 26, 2013 12:00-1:00pm Ages 10-14 Saturday Nov. 2 - Dec. 21, 2013 100016 Ages 10-14 12:00-1:00pm Instr: AGI Instructors Fee: \$119 per session \$10 material fee due at first class meeting Loc: AGI Academy 20816 Carrey Walnut

This course helps students strengthen their critical reading and writing skills, both of which are essential analytical skills for academic success. Critical reading and writing involves students to identify information and ideas, as well as to bring outside knowledge, biases and values in order to properly analyze a given text. Students will learn how to enhance their reading comprehension skills but identifying important information, assumptions, values, and language use. Furthermore, students will practice reading and writing in a variety of academic writing types, including narrative, expository and persuasive techniques.

Minimum of 6 Students. No Class Nov. 30

Session I Sept. 14 – Oct. 26, 2013 100007 Ages 9-13 Saturday 2:00-3:00pm Session II Nov. 2 – Dec. 21, 2013 Ages 9-13 2:00-3:00pn Instr: AGI Instructors Fee: \$119 per session Loc: AGI Academy 20816 Carrey Walnut \$10 material fee due at first class meeting.

Introducing students to journalism not only promotes strong writing skills, but also enhances students' abilit to multitask, to see problems/issues from multiple perspectives, to be aware of current events, and to conduct thorough research and interviews. We will focus on how to read newspapers, such as content, types of newspapers available, and the importance of current events with different types of articles as well as how to write a basic news story for its headline and caption.

Session I Sept. 14 – Oct. 26, 2013 16209 Ages 10-14 11:00-12:00pm Session II Nov. 2 – Dec. 21, 2013 Ages 10-14 11:00-12:00pm Instr: AGI Instructors Fee: \$119 per session \$10 material fee due at first class meeting. Loc: AGI Academy 20816 Carrey Walnut

This course is an introduction to the practical applications of Algebra. This is also a great refresher course for students who want to brush up on their Algebra skills. The class will emphasize on properties of operations, rational and irrational number, techniques of manipulating polynomials, solution of variables, graphs, and functions. Students will also investigate the relationships among data. Students ages 9-13.

Minimum of 6 Students. No Class Nov. 30 **Sept. 14 – Oct. 26, 2013** Ages 9-13 Session I Session II Nov. 2 - Dec. 21, 2013 Ages 9-13 4:00-5:00pm Instr: AGI Instructors Fee: \$119 per session \$10 material fee due at first class meeting. Loc: AGI Academy 20816 Carrey Walnut

Apply the properties of congruence transformations, determine the quadrilateral properties, and apply

formulas for planar figures and surfaces as well as other applications to similar figures. Minimum of 6 Students, No Class Nov. 30 Sept. 14 - Oct. 26, 2013 100011 Ages 10-14 Saturday 3:00-4:00pm Session II Nov. 2 – Dec. 21, 2013 Instr: AGI Instructors Fee: \$119 per session Loc: AGI Academy 20816 Carrey Walnut \$10 material fee due at first class meeting

Do you want to obtain spectacular scores on your PSAT? Two hours each week for a 7-week intensive learning will be devoted to all three sections for a review with a practical test and detail explanation. Join us for skill building, strategies, practice, and tips on critical reading, math and writing. Students will be given an introduction for what are PSAT and its test format. Materials will be provided on a weekly basis for building the vocabulary, improving critical reading comprehension and written expression as well as the math sections of arithmetic, algebra, geometry and miscellaneous topics. Minimum of 6 Students. No Class Nov. 30

Session I Sept. 14 - Oct. 26, 2013 2:00pm-4:00pm Session II Nov. 2 - Dec. 21, 2013 16206 Ages 13-16 2:00pm-4:00pm Instr: AGI Instructors Fee: \$230 per session Loc: AGI Academy 20816 Carrey Walnut \$20 material fee due at first class meeting

This course is designed for students who are interested in taking the AP or SAT II Subject test in Biology. It aims to provide students with the conceptual framework, factual knowledge, and analytical skills necessary to deal critically with modern Biology. Students will also develop understanding of concepts rather than memorizing terms and technical details, as well as applications of the principles learned to solve specific problems in Biology. Minimum of 6 Students. No Class Nov. 30

Session I Sept. 14 – Oct. 26, 2013 4:00pm-5:00pm Session II Nov. 2 - Dec. 21, 2013 Ages 13-17 4:00pm-5:00pm Instr: AGI Instructors Fee: \$175 per session Loc: AGI Academy 20816 Carrey Walnut \$20 material fee due at first class meeting

INSTRUCTORS NEEDED:

If you can teach any of the classes in our brochure or have a specialty area which might fit in with the R.A.C.E. Recreation Department, please call the Recreation office @ (626) 965-5975.

COMPUTER CLASSES FOR CHILDREN CONT.

AP CHEMISTRY PREVIEW - TWO 7 Week Session

This course is designed to prepare students to attain a depth of understanding of the major concepts of Chemistry and reasonable competence in dealing with chemical problems and to apply its principles to solve specific issues in Chemistry. This class is perfect for students who plan on studying science or engineering in college. Taking the AP Chemistry Test can help students showcase their strengths in learning science for their college study. Minimum of 6 Students. No Class Nov. 30

Session I Sept. 14 – Oct. 26, 2013 Ages 13-17 5:00pm-6:00pm Session II Nov. 2 - Dec. 21, 2013 16213 Ages 13-17 Saturday 5:00pm-6:00pm Instr: AGI Instructors Fee: \$175 per session

\$20 material fee due at first class meeting

Loc: AGI Academy 20816 Carrey Walnut

MARTIAL ARTS CLASSES - 8 Weeks

Comprehensive traditional Chinese Styles of Kung Fu that increases self-confidence & self-discipline through all ranges of fighting techniques.
ADVANCE BY TEST Kung Fu Kids/Teens Ages 4-13 Saturday 35501

Begins: Sat. Sept. 14 - Nov. 16, 2013 Loc: RACF Patio

In these clinic format classes, the instructor will stress team skills through instructional drills & Games while raising each child's self-esteem and a joy of the sport. Parents of ages 4-6 must stay near facility.

FRIDAY BASKETBALL CLASSES Ages 4-6 /Beg. 3:15-4:00pm Beginning Ages 7-10 4:00-4:45pm Begins: Fri. Sept. 20, 2013 Instr: Adam Sandoval Fee: \$75 Loc: Shelvn Elem, Outside Court SATURDAY BASKETBALL CLASSES Ages 5-6 9:30-10:15am 31701 Beg./Cont. Saturday 32001 Bea./Cont. Ages 7-8 Saturday 10:15-11:00am 11:00-11:45am 32501 32801 Cont /Inte Ages 7-12 Saturday 11:45am-12:45pm Begins: Sat. Sept. 21, 2013 Instr: Adam Sandova Loc: Rowland High Outside Courts

CER FOR BOYS & GIRLS - 10 Weeks Lo FRIDAY SOCCER CLASSES 33001 33101 3:30 -4:15pm Beg/Cont. 4·15 -5·00pm Begins: Fri. Sept. 20, 2013 Loc: Shelyn Elem. East Field SATURDAY SOCCER CLASSES Ages 4-5 9:30-10:15am Beg/Cont 33301 10:15-11:00am Beg/Cont. Saturday 11:00-11:45am 33401

Ages 8-9 Saturday Beg/Cont. 33501 Saturday 11:45am-12:45pm Begins: Sat. Sept. 21, 2013 Inst: Erica Avalos Loc: Rowland High East Field

All Tennis Students Must Bring Two Cans Of Unopened Tennis Balls (Wilson Or Penn) And A Tennis Racquet. This class is for fun and fitness. Students will develop techniques for ground strokes, serve & volley along with footwork and coordination. Drills are emphasized, along with the basic fundamental, rules,

SATURDAY TENNIS CLASSES Beg/Cont. 9:00-10:00am 36401 Bea/Cont. Ages 7-8 Saturday 10:00-11:00am Beg/Cont Saturday 11:00-12:00pm 37001 Saturda 12:00-1:00pn Begins: Sat. Sept. 21, 2013 Instr: Farl Bernabe & Bill Davis Loc: Rowland High Tennis Courts

ENNIS LESSONS: 10 weeks Longer Session! 45 minute class, \$215. Arrange time at the Recreation Office. Private Lesson Instructor: Mr. Bill Davis

These dance favorites will be taught in a way that children are sure to enjoy. Your future star will gain flexibility, coordination, self-esteem and learn the basic fundamentals of dance. Students will learn fun routines, enjoyable for even the youngest dancers. Your child will become familiar with proper terminology and classroom etiquette and will enjoy learning in this warm and welcoming environment.

BY BALLET & BALLET, TAP & JAZZ- 10 Weeks L Ages 2 ½ -5yrs Baby Ballet Wednesday 44004 4:15-5:00pm Begins: Wed. Sept. 18, 2013 Instr: Karley Stephensor Loc: Carolyn Rosas Park 42001 Hin Hon Ages 8 & up Wednesday 5:00-5:45pm Begins: Wed. Sept. 18, 2013 Instr: Karley Stephensor

Come join the fun while learning arm movements, jumps, kicks, tumbling, stunting and cheer routines Preparing children ages 5-15 for cheer teams while building self-confidence, balance, timing and listening skills. Bring: Tennis shoes, sunscreen and water to each class. Session I Sept. 16 to Oct. 8

Session II Oct. 15 to Nov. 5 Ages 5-15 Fee: \$50 43002 3:45-4:30pm "Just Cheer Monday Loc: RACE Outside Grassy Area Instr: Jeanie Kury

SWIMMING

SWIM TEAM/WATER POLO - 10 weeks Longer Sess

This class is for children to develop as swimmers and learn the fun sport of Water Polo. Time is split between teaching swimming, and developing fundamental Water Polo skills. Students will learn how to tread water, pass and shoot a Water Polo ball, as well as participate in fun games to reinforce theses skills. Must be able

to swim 2 Laps & know 2 Swim Strokes. Water Polo Begins: Sept. 20, 2013

Coach: Tyler Watkins & Stephanie Lui Loc: Nogales High Pool

SWIMMING CONT..

ROWLAND RACER COMPETITIVE WATER POLO TEAM

This is an Advanced course teaching fundamentals of Competitive Water Polo. Will focus on conditioning and strategy. Two 8 Week Sessions Session I Sept. 6 –Oct. 25

71005 Racers Competitive Team Friday 6:00-8:00pm Additional Practice Days: 9/18 (7:30-9 pm), 9/24 (6:30-8:30 pm), 10/1 (6:30-8:30 pm), 10/14 (7:30-9 pm), 10/21 (6:30-8:30 pm) Session II Nov. 1 –Dec. 27

Additional Practice Days: 10/30 (6:30-8:30 pm), 11/04 (7:30-9 pm) More to come. 6:00-8:00pm Coach: Tyler Watkins & Stephanie Lui Fee: \$195

This class is designed for boys & girls who might be interested in joining their High School Swim. The Swim Team will condition your swimmer to get them ready for high school level competition. They will learn stroke form and technique. Must be able to swim 2 Laps and know 2 Swim Strokes.
71003 Stoke Clinic/Swim Team Tuesday & Thursday

Coach: Stephanie Lui & Travis Loie Loc: Nogales H.S. Pool

Swimmers will be trained to compete competitively by improving speed, endurance and technique. Athletes planning on competing at the High School level will benefit from this program. Must be able to swim 1 lap (25 yards)

Trident Swim Team Mon. Tues. Wed & Thurs.

Begins: Mon. Sept. 16, 2012 Fee: \$165 Loc: Workman High School Pool (Until RHS Pool is Completed in Summer 2013)

SPECIALTY CLASSES

ETIQUETTE CLASS FOR CHILDREN- 1 Day Worksho

Children learn manners and communication skills with a strong focus on respect & values. Topics covered will include; being tactful, table manners, bullying & social situations. The teen class topics include all of the above and also, etiquette for dating, proms, funerals, job interviews and more!

Workshop I Sat. Sept. 21, 2013 Youth Etiquette 52003 Life Skills for Teens Ages 13+ 1:00-3:00pm Workshop II Sat, June 29, 2013 9:00-12:00pm 52005 Life Skills for Teens Ages 13+ 1:00-3:00pm Instr: Christina Meacham-Certified Etiquette Trainer Loc: RACE Room 104 Fee: \$30 per workshop

Fee: \$30 per worksnup \$10 Material Fee due at first class meeting FOR CHILDREN & ADULTS! - Two 5 Weeks Session for steep turn

Learn to skate across the ice forwards and backwards, glide on one foot, stop, turn & more! Skate rentals and free public skating the day of class are included. Please arrive at least 15 minutes early for check-in and skate sizing. Dress Warmly! PARENTS must stay at the skating rink at all times. Location: Ontario Center Ice Arena 201 S. Plum, Ontario (2 mile North of the 60 Freeway & Euclid)

Ages 3-5 Sept. 14-Oct. 12 Oct. 19-Nov. 16 39711 11:00-11:30am 39810 Ages 6-12 Sept. 14-Oct. 12 11:00-11:30am 39811 Oct. 19-Nov. 16 Fee: \$55 11:00-11:30am 39816 Ages 13 & up Sept. 14-Oct. 12 11:00-11:30am 39817 Ages 13 & up Oct. 19-Nov. 16 11:00-11:30am 39610 Sept. 14-Oct. 12 Fee: \$80 11:00-11:30am Saturday 39611 Ages 2-5 Oct. 19-Nov. 16

Killian Cougar Den Club is a fun, safe place that your child will enjoy attending. Activities include homework time, crafts, outside play, games, movie days and holiday celebrations! Hours are 1:05pm to 6:00pm. Space 61801 Killian Cougar Den Club Instr: Adreane Mercado, Christy Diaz & Sunny Dhinsa

Begins: Mon. Aug. 19, 2013 Fee: \$60 per week

Loc: RACE Room 105 and Killian Elementary Rm. 7 Student Must be Pre-Registered

This class covers basic obedience commands and help with correcting behavior

Problems, (chewing, jumping up, digging, housebreaking, etc.) Course is open to all breeds of dogs, 6 months or older (larger breeds accepted at 4 months). Trophies will be awarded at graduation. Handlers 12

6:15-7:15pm

years to Adult. No dogs at First Class Meeting. **No Class Oct. 31**59401 Dog Obedience Bring vaccination record & \$10 insurance fee to first class.

Begins: Thurs. Sept. 26-Nov. 14, 2012 Instr: Dog Services Unlimited Fee: \$83

Loc: McCoy Equestrian Center- 14280 Payton Dr. Chino Hills
CRASH COURSE IN K9 MANNERS - TWO 4 V

This fast-pace course is geared for people who need to accomplish their training goals very quickly. Obedience skills will be introduced, & preventive and corrective measures for a variety of bad habits will be discussed. Dogs should be brought to all four class meetings. Handlers 12 years to Adults. Dogs six months. Larger breeds four months. Bring vaccination record & \$5 insurance fee to first class.

Crash Course Fee: \$73 59301 3:30-4:45pm Begins: Sun. Sept. 29-Oct. 20, 2013 Instr: Dog Services Unlimited
Loc: Acacia Park- 1910 Fullerton Creek Road, Fullerton. At the 57 Freeway & Yorba Linda

SESSION II Crash Course Fee: \$73 Begins: Sat. Nov. 2-23

Instr: Dog Services Unlimited Loc: Hillcrest Park, Fullerton. Corner of Harbor & Valley View

Establish good manner and socialization skills at an early age through simple obedience training, emphasizing positive reinforcement and gentle handling. For puppies 2-5 months. We will also discuss housebreaking, chewing, nipping, health tips and other topics. Certificates presented at the last class. The first meeting held

Bring vaccination records and \$10 material fee (includes training manual) Fee: \$73 7:00-8:00pm

Puppy Kindergarten Begins: Wed. Oct. 30-Dec. 4 Instr: Dog Services Unlimited Loc: Fullerton Downtown Plaza, located on Wilshire, just East of Harbor Blvd.

